

# COMMUNITY BASED INSTRUCTION

By Heather from A Love for Special Learning

## When/Where to Go

- ☐ 1-5 days a week
- ☐ Buses are available
- ☐ Weekly errands (grocery store, fitness, bank, restaurant, etc)
- ☐ 50+ other places to go
- ☐ Submit request and confirm permission

## What to Do

- ☐ Gather IEP Goal Data
- ☐ Explore somewhere new
- ☐ Use a directory or map
- ☐ Go to a non-preferred restaurant
- ☐ Volunteer/ Give back
- ☐ Learn about a different culture
- ☐ Practice time management

## Student Bag

- ☐ Toileting supplies (diapers, wipes, chux, change of clothes and socks, shopping bags to toss used diapers in before throwing away)
- ☐ Disposable gloves
- ☐ Hand sanitizer
- ☐ Specialized/ Adaptive equipment, as needed (i.e. adaptive dinner plate)
- ☐ Preferred sensory/ rec leisure activities (3-4)
- ☐ Gait belt, if student will be transferring to use the bathroom

## Teacher Bag

- ☐ Schedule for bus driver and support staff (including staff/student attendance list)
- ☐ Driving directions for bus driver
- ☐ Method of payment
- ☐ Emergency card for each student (allergies, contact information, important health/medical info)
- ☐ Seizure action plans
- ☐ Water
- ☐ Hand sanitizer
- ☐ Visuals to support behaviors
- ☐ Data sheet for IEP goal data
- ☐ Sunscreen or bug spray
- ☐ Confirmation numbers for reservations and/or tickets
- ☐ Confirm handicap accessible
- ☐ Waivers for participation, if needed
- ☐ Tax Exempt Form (if shopping)
- ☐ Store savers card (if shopping)
- ☐ Thank you card

## Additional Notes

- ☐ Call ahead if bringing a big group to a sit-down restaurant or small business
- ☐ Alert restaurants if student is bringing their own food (dietary restrictions)
- ☐ Mask exemptions doctors note & extra masks
- ☐ Rely on community settings for plates, extra silverware or napkins, cups with lids and no ice, preferential seating, etc
- ☐ Text picture of schedule of the day to support staff